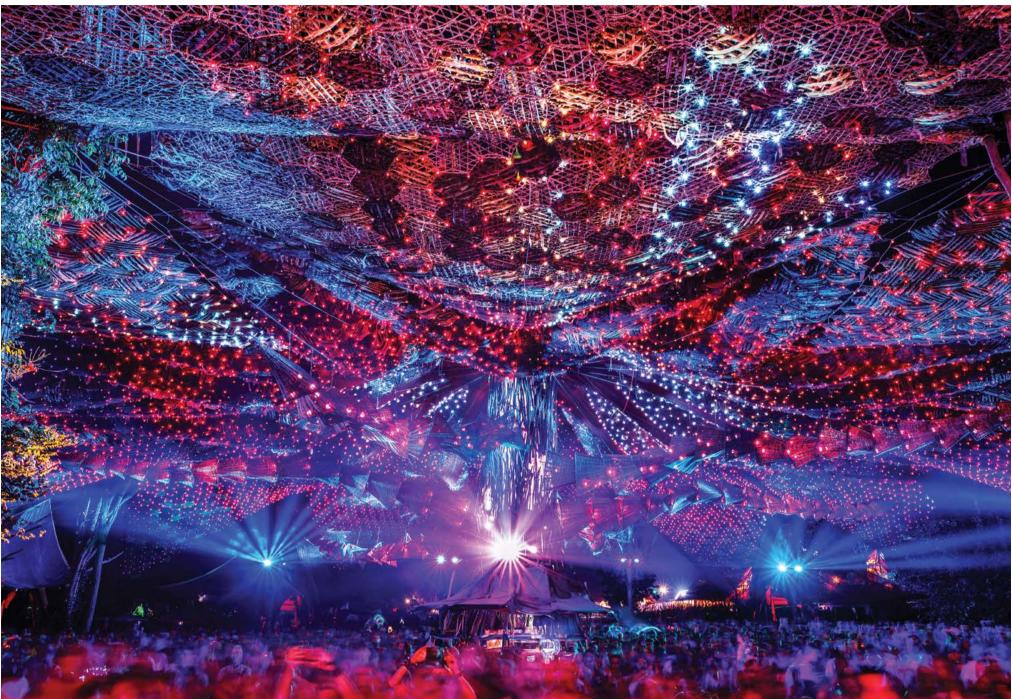


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ESSAY

FROM TAZ TO CYBORGS

EXPERIMENTING WITH SOCIETY

Guest author: Raffaella Fryer-Moreira

THE WORLD IS IN A STATE OF SEVERE CRISIS. THE CONTINUED PURSUIT OF A FORM OF ADVANCED CAPITALISM HAS BROUGHT THE PLANET TO A STATE OF IMMINENT ECOCIDE. AS CAPITALISM EVOLVES INTO ITS CONTEMPORARY GLOBAL FORM, ITS TENDENCY FOR RELENTLESS EXPANSION AND EXPONENTIAL GROWTH THREATENS THE VERY **RESOURCES IT RELIES UPON** FOR ITS PERPETUATION, BOTH IN TERMS OF HUMAN LABOUR, CONSUMERS, AND RAW MATERIALS, PUTTING THE VERY CONDITIONS OF ITS POSSIBILITY AS A SOCIO-ECONOMIC SYSTEM AT RISK. QUESTIONS HAVE BEEN RAISED SURROUNDING THE ECOLOGICAL LIMITS OF

CAPITALISM, PROVOKING THOUGHTS AS TO WHICH WILL COME FIRST – A POST-CAPITALIST ECONOMY, EXPLICIT RESISTANCE TO CAPITALIST SOCIETY. BEY SUGGESTS THAT BY MATERIALLY ARTICULATING AUTONOMOUS ZONES WHICH, ALBEIT TEMPORARY, MAKE VISIBLE AN ALTERNATIVE SOCIAL LOGIC IN PRACTICE, THE SOCIAL EXPERIMENTS REQUIRED TO RE-THINK AND REFORMULATE HUMANITY AND SOCIETY ARE MADE POSSIBLE. "TAZ (IN ITS BROADEST POSSIBLE SENSE) SEEMS TO BE THE ONLY MANIFESTATION OF THE POSSIBILITY OF RADICAL CONVIVIALITY" (BEY 1985:6). BY DISPLACING THE FOCUS OF **REVOLUTIONARY THOUGHT** FROM A UTOPIAN FUTURE WHICH SEEMS PERPETUALLY OUT OF REACH, TO THE ARTICULATION IN THE PRESENT OF ALTERNATIVE SOCIO-MATERIAL FORMS, TAZ PROVIDES A MEANS TO RE-MAKE AND RE-CONCEPTUALISE WHAT SOCIETY MAY MEAN. NEW SPACES OF (INTER) ACTION AND PLAY ALLOW CREATIVE EXPERIMENTATION WITH DIFFERENT SOCIAL

LOGICS AND EXPERIENTIAL TERRITORIES. A WORLD WHICH IS CONCEIVED OF WITH FIXED PARAMETERS CANNOT HELP BUT BE TOTALISING AND OPPRESSIVE – A REAL POLITICAL "UTOPIA" IS ONE WHERE ANOTHER WORLD IS POSSIBLE.

FESTIVAL SPACES LIKE OZORA ARE TEMPORARY AUTONOMOUS ZONES, WHOSE PHYSICAL **BOUNDARIES DEMARCATE** AN ALTERNATIVE FORM OF SOCIAL ORGANISATION AND ACTION, BECOMING SPACES OF SOCIAL AND SUBJECTIVE EXPERIMENTATION. THE PRODUCTIVE LOGIC OF SUCH SPACES IS NOT ONE OF MERCANTILISED CAPITALISM, BUT RATHER AN ECONOMY OF INTENSITIES - IMMERSION IN THE REPETITIVE RHYTHMS OF ELECTRONIC MUSIC, A MIMESIS OF AND BECOMING-WITH SUCH SONIC LANDSCAPES THROUGH PHYSICAL DANCE, AND A CREATIVE EXPERIMENTATION WITH THE TEXTURAL POSSIBILITIES OF HUMAN EXPERIENCE.

DONNA HARAWAY (1985) IN HER CYBORG MANIFESTO PROPOSES THE CYBORG AS A CONTEMPORARY FIGURE OR MYTH TO ORIENT **REVOLUTIONARY POLITICS.** THE INCREASINGLY IMPORTANT ROLE OF TECHNOLOGY IN CONTEMPORARY SOCIAL LIFE, PARTICULARLY IN AREAS SUCH AS **REPRODUCTION AND** DEATH, HAS HIGHLIGHTED THE FRAGILITY OF A MODERNIST CONCEPT OF THE HUMAN: "BOUNDARIES BETWEEN HUMAN-ANIMAL, AND HUMAN- ANIMAL -MACHINE, HAVE BEEN RENDERED OBSOLETE. WE MUST RETHINK OUR HUMANITY, AND WHAT IT IS OPPOSED TO" (HARAWAY 1985:4). HARAWAY POINTS TO THE CONCEPTUAL PURCHASE OF ADOPTING A HYBRID FIGURE AS A CONTEMPORARY MYTH, WHOSE "MONSTROUS" UNIFICATION OF HUMAN-MACHINE DEMANDS A **RECONCEPTUALISATION OF** HUMANITY, UNSETTLING DOMINANT FRAMEWORKS CONTINUES ON P2 >>

NESS P4

WEATHER

Day 34 °C | 93 °F Night 22 °C | 71 °F see TRIXX WEATHERMAN'S REPORT on P3

OR COMPLETE GLOBAL ECOCIDE. IN FREDRIC JAMESON'S NOW FAMOUS PHRASE: "IT IS EASIER TO IMAGINE THE END OF THE WORLD THAN TO IMAGINE THE END OF CAPITALISM" (JAMESON 2003:76). IF WE ARE TO SURVIVE AS A SPECIES ON THIS PLANET, A RADICALLY NEW FORM OF SOCIO-ECONOMIC **ORGANISATION IS** URGENTLY NEEDED WHICH ARTICULATES A DIFFERENT **RELATION BETWEEN PEOPLE,** LAND, AND LABOUR. HAKIM BEY'S (1985) CONCEPT OF "TEMPORARY AUTONOMOUS ZONES" (TAZ) ARTICULATES AN

DAILY HERBZ

There are a few

system getting tired. If

you experience this on yourself, don't worry,

efficiently with herbs.

against gas and works

The Ozorían Prophet

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FROM TAZ TO CYBORGS >> CONTINUED FROM P1

AND ALLOWING SPACE FOR NEW FORMULATIONS. BY PROVIDING HUMANITY WITH A NEW ORIGIN MYTH, A NEW TRAJECTORY IS OPENED UP PRESENTING A DIFFERENT SET OF POSSIBILITIES, AND A DIFFERENT POSSIBLE TELOS OR END. THE CYBORG CANNOT RETURN TO A PRIMITIVIST VISION OF A PRE-TECHNOLOGICAL SOCIETY, FOR HUMANITY HAS BEEN FUNDAMENTALLY TRANSFORMED BY THE **TECHNOLOGY IT HAS** MADE – AND WHILE SUCH TECHNOLOGY MAY BE THE **"ILLEGITIMATE OFFSPRING"** OF PROBLEMATIC CAPITALIST RELATIONS, "ILLEGITIMATE OFFSPRING ARE OFTEN EXCEEDINGLY UNFAITHFUL TO THEIR ORIGINS" (HARAWAY 1985:3), AND MAY HOLD THE POTENTIAL FOR ITS SUBVERSION.

MANY CYBORG IDENTITIES GAINED GROUND **DURING THE 1980S & 90S** FOLLOWING THE RISE OF ELECTRONIC DANCE MUSIC CULTURE, WHICH STARTED IN CHICAGO AND DETROIT AT THE END OF THE 1980S. PARTICULARLY IN DETROIT, WHERE THE REMNANTS OF FORDIST CAPITALISM HAD LEFT A MASS OF DISUSED INDUSTRIAL BUILDINGS AND AN ENTIRE GENERATION OF UNEMPLOYED YOUTH, **TECHNO EMERGED AS** A CREATIVE RESPONSE TO A DYSTOPIAN URBAN ENVIRONMENT. EMPTY FACTORIES WERE **TRANSFORMED INTO** PULSING DANCEFLOORS, WHERE THE "ABSTRACT" AND "MECHANICAL" SOUNDS OF 303 SYNTHESIZERS, COUPLED WITH THE **RISING POPULARITY OF** PSYCHOACTIVE SUBSTANCES SUCH AS ECSTASY, GAVE PEOPLE ACCESS TO NEW INTENSIVE TERRITORIES AND ENABLED THE ARTICULATION OF AFFECTIVE COMMUNITIES BASED ON EXPERIENCE. THE MOVEMENT WAS POPULATED BY THOSE ON THE MARGINS, THOSE EXCLUDED FROM THE GAINS OF CAPITAL, AND CERTAINLY NOT THOSE ENAMOURED BY THE PROMISE OF CAPITALIST "PROGRESS". THE NEW FORMULATIONS OF HUMANITY AND COMMUNITY ARTICULATED IN SUCH SPACES WAS INDEED

MACHINIC AND FUTURISTIC, HOWEVER THESE NEW CONFIGURATIONS LED TO THE CREATION OF IDENTITIES THAT WERE ONTOLOGICALLY OPPOSED TO THE PRODUCTIVE AND MERCANTILE LOGIC OF CAPITALISM, ENACTING A CREATIVE REAPPROPRIATION OF ITS TECHNOLOGICAL MEANS.

THE CURRENT GLOBAL CRISIS HAS LED TO A RADICAL REEVALUATION OF HUMAN LIFE ON PLANET EARTH. HOW WE HAVE CONCEIVED OF OUR OWN HUMANITY, THE TECHNOLOGY WE CREATE. AND OUR RELATION TO THE REST OF NATURE, HAS SHAPED THE WAYS IN WHICH WE HAVE ORGANISED SOCIAL LIFE. WITH GLOBAL CAPITALISM RAPIDLY ANNIHILATING THE CONDITIONS OF ITS **OWN POSSIBILITY, A SENSE** OF EXISTENTIAL CRISIS HAS SWEPT CAPITALIST AND NON-CAPITALIST SOCIETIES ALIKE. HOW WE CHOOSE TO RESPOND TO THE CURRENT SITUATION WILL DEFINE BOTH OUR CURRENT ARTICULATION OF HUMANITY, AS WELL AS THE CONDITIONS OF OF POSSIBILITY FOR ALTERNATIVE **ARTICULATIONS IN THE** FUTURE, IF INDEED THERE WILL BE A FUTURE AT ALL. THESE EXPERIMENTATIONS WITH NEW FORMS OF ORGANISING SOCIETY AND OUR RELATION TO BOTH EACH OTHER AND THE EARTH CAN HELP US THINK THROUGH ALTERNATIVE POSSIBILITIES OF SOCIAL ORGANISATION, AND WORK TOWARDS FINDING SUSTAINABLE FORMS OF SOCIAL LIFE

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MANIFESTO, FROM HTTP:// WWW.EGS.EDU/FACULTY/ DONNA- HARAWAY/ARTICLES/ DONNA-HARAWAY-A-CYBORG-MANIFESTO/ ACCESSED

HEALING

INSPIRING NATURAL SELF-HEALING WITH IRINA

by -freya-

Irina channels frequencies of the higher realms and the true voices of our ancestors. Her presence calls upon the secrets of the wind and the power of fire, her voice will connect you to the earth, inviting you to dance a continuous rebirth. Her current main project of which she is a part of is Kaya Project, but she has collaborated with many other musicians like Vibrasphere and Suduaya. Another path she elegantly strides on, when she is not making music or teaching singing, is natural medicine. Which means she does not turn to conventional medicine (antibiotics) in case of illnesses. She continuously does personal research to deepen her knowledge and has studied with different alternative and conventional doctors. Re-boosting your immune system means focusing on finding the right need and intake of minerals, vitamins and protein, diet plays an important part along with herbs and exercises (breathing-circulation!) In the name of inspiration I thank her for showing us it's possible.

- Have you always been close to nature itself? What relationship do you foster with it?

 My mother was a pagan healer and agricultural biologist so we were introduced to natural gifts of nature pretty early in life and saw its amazing benefits in practice.

- What does natural medicine mean for you? And what part does it play in your life?

– Natural medicine has saved my life a several times and I can't imagine my life without it really. Beside music it is another passion of mine and definitely plays an important role in my life in my own healing as well as helping to heal others.

- What kind of obstacles have you overcome in your life?

- I contracted 3 lethal illnesses one after another recently and slowly but surely helped myself with natural cure. It might take longer but it cures deeper and does not jeopardize our flora there for not creating extra problems along the way. I would be happy to share my knowledge with anyone in need :)

– If we would have no cars and the animal kingdom would be at our service, what would you ride (or fly)?

- Eagle would be just fine ;)....well...of course I will ask the permission of its grace to allow me to be it's companion! I just found out that I have mysteriously exciting blend of Mongolian and Viking in me, so an eagle seems to be a suitable option :)

If we were to travel to your previous lives, who would we encounter?
Medicine Women, Lady of the Lake (Mermaid), Medieval Witch, Viking Snowqueen, Alchemist, Desert Princess, Ninja, Sparta Girl, Amazonka, Grey Bird Whisperer, Yakutian Female Kam (which means a Shaman in the Yakut language, but that one I have presently in my ancestry as well).

Irina was to be found gracing the walls of the Dome with Kaya Project early on Saturday, and will continue to grace many spaces to come. A longer interview will air with her on RadiOzora under 'Balancing Frequencies' in the future for those who want to know a little more what approaches she uses.

BODY AND SOUL

SMELL YOURSELF HEALTHY

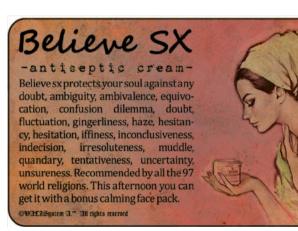
by Blaze

Essential yoga is a therapeutic way of yoga where we incorporate aromatherapy by using 100% pure essential oils to deepen the physical and mental benefits of yoga. For over 5,000 years, many different cultures have used these healing plant oils to positively affect mood or health. This natural treatment can help in many ways from improving concentration and reducing stress to boosting your immune system, or it can be a great tool to balance emotions and it overall can help the body to aid and heal itself and quiet the mind and deepen our ability to be present and focused. After a short introduction of essential oils at the beginning of the class, we will use peppermint oil to energize and cool the body and mind and then at the end we will apply Lavender oil to soften into Savasana. Physical postures will help us develop balance between strength and flexibility. The purpose of using poses, breathing and the essential oils is to dissolve mental and physical blocks. In an open body energy can flow freely along. Essential yoga brings harmony and awareness. Be there at the Pyramid on Sunday at 9am with Kriszti Mogyoróssy, yoga instructor.

LOOK WHO'S COOKING

SATURDAY - LISA, ROBBIE AND TUUR

8/1/2015 at 20:08 JAMESON, F. (2003) 'FUTURE CITY' IN NEW LEFT REVIEW, N. 21, PP. 65-79, NLR LONDON. LATOUR, B. (1993) WE HAVE NEVER BEEN MODERN, BY HARVARD UNIVERSITY PRESS.



Their laughter caught me from far away. The lively company of friends drew me towards them as a fly is drawn towards a tasty pie. Lisa, Robbie and Tuur, the three good friends arrived in Paradise from Belgium. Besides the Main Stage, the Cooking Groove is their favourite place here. It is the guys who get the best of this shady grove-kitchen because while they cool off under the trees, Lisa prepares wonderfully tasting dishes for them. They stocked up on succulently ripe tomatoes and peppers (this region being famous for its tasty veggies), so today one of Lisa's specialities, tomato soup with olives is on the menu.

by Ancsi

TOMATO SOUP WITH OLIVES

Ingredients for 3 people

1 onion 3 green peppers 4 tomatoes 1 liter of thick tomato juice 4 tbsp oil 15 olives Salt and pepper to taste 2 bay leaves Fresh basil to taste A little sugar

PREPARATION

Peel the onion and chop it into small cubes. Wash the tomatoes and peppers, dice. Fry the onion and the peppers on the oil, then add approx. 1 litre of water. Add the bay leaves, season, and let it cook on low heat. Cook until vou have a soup of thick consistency, resembling a jam. This is the key to the soup, its secret, patience is required at this point as it can take up to one hour. (If necessary, add water to avoid it from burning down). If you have the jam-like consistency, add the diced tomatoes, the tomato juice, the pepper and mix. Let it simmer a little. Plop in the olives and let it boil once, then take off the fire. This is when the basil is added, chopped, and the dish is ready for serving.

Bon appétit!

COOKING GROOVE

'PALACSINTA'

by Blaze

How could we have missed it so far? We have featured the most important Central European dough-based dishes such as pogácsa and kalács on these pages before, these names running through the region with slight alterations, and each housewife or husband having their own version, usually running down the line of generations. The third of this triumvirate is the 'palatschinken', the English-German name given to this pancake. Central European palatschinken are thin pancakes similar to the French crêpe. The main difference between the French and Central European version of the dish is that the mixture for palatschinken can be used straight away, unlike that of crepes, which is suggested to be left to rest for several hours. Palatschinken are made by creating a runny dough from eggs, wheat flour, milk, and salt and frying it in a pan with butter or oil. Unlike thicker types of pancakes, palatschinken are usually served with different types of fillings and eaten for lunch or dinner.

Fillings can be sweet or savoury: Cocoa powder mixed with sugar (add it while still hot for some runny-gooey-chocolatey bliss), apricot or raspberry jam, cottage cheese mixed with lemon zest and sugar, or on the savoury scale of things: spinach with feta, tomato-based vegetable ragout, minced meat in all its versions, can enter the tantalising folds of the pancakes. Locally, two luxury versions exist: Gundel and Hortobágyi pancakes are to be tried before you go home. The former is pancake filled with ground walnuts, raisins, candied orange peel, cinnamon, and rum filling, served flambéed in dark chocolate sauce made with egg yolks, heavy cream, and cocoa, the latter goulash inside, and a paprika-sour cream sauce to go with it, making it a sumptuous main course. Beautician, Kamilla Nagy and painter and food stylist, Ágnes Kapolka come to us, true Ozorian style, with a healthier version. They substitute wheat with spelt. Kamilla is interested in the effects of different ingredients

body. Dehydrated skin after a whole night of partying and you're looking for a treatment from within? Kamilla can give vou advice. Ágnes also lays emphasis on looks: she brings food styling to an artistic level. Being a painter, she will share pieces of her secrets about the use of cherry tomatoes for red, cream for white and coarsely ground pepper for black, just to name a few colors.

RECIPE

BUCKWHEAT PANCAKE (vegan, gluten free)

500 gm buckwheat flour 300 ml sparkling water 5 tbsp cooking oil salt, sugar to your taste

PREPARATION:

Mix the ingredients in a bowl until the texture becomes smooth. Fry it in a heated pan. Serve it with fruits and jam. For the cottage cheese filling, mix together cottage cheese with some crème fraiche, add the peel of a lemon, sugar, eggs, and vanilla. You may add raisins, even if I always take them out of my steaming palacsintas.

WEATHER: Yesterday, the heat was at its peak. We all felt it. Expect hazy sunshine today, but still the usual hot weather. Keep paying extra attention to yourself and others around you, hydrate, stay in the shade, take care, of yourself and your loved ones. Don't forget about your pets! The night will stay warm with clear skies and the chance of a shower later on. We might even get a bit of a cooldown on Sunday, but you never know for sure in the magical Ozorian valleys what tomorrow brings.

and the process how they

infiltrate into the human

ASTRONOMICAL INSIGHTS

DIVINE INSTINCTS

by Nedda Magic Advisor

MOON IS IN CAPRICORN TODAY, WHICH SUPPORTS US IN BEING MORE ORGANIZED, MORE MOTIVATED IN A CONSID-ERED WAY. THIS TRANSIT IS ABOUT PRACTICAL PLANNING, ACHIEVEMENT AND SUCCESS. WE ARE ALSO INSTINCTIVE-LY AWARE OF THE LIMITATIONS OF THE TIME. WE ARE MO-TIVATED BY A DESIRE FOR SUCCESS, IN SLOW WAY. THE MOON HAS JUST WANDERED FROM SAGITTARIUS TO CAP-RICORN, SHE WAS TRAVELLING ON THE MILKY WAY – THE WAY OF THE GODS. THIS MEANS, THAT SHE BROUGHT US THE DIVINE POWER AND QUALITY TO CHANGE AND SHE SUPPORTS US IN GETTING THE HIGHER FREQUENCY MES-SAGES.

EVERY 9 YEAR CYCLE IN NUMEROLOGY IS A NEW START OVER. OUR PHYSICAL BODY IS GOING TO BE RENEWED EVERY 9 YEARS AS WELL: OUR BLOOD, SKIN, ENERGY FLOW, AND INSIDE, WE ARE ALSO BECOMING A DIFFER-ENT PERSON, WITH A DIFFERENT TASTE, PERCEPTION. THIS YEAR IS A 1 UNIVERSAL YEAR, WE ARE JUST BECOMING THE NEW US! MANY PEOPLE DON'T BELIEVE, DON'T KNOW, THAT IT IS REALLY POSSIBLE TO GET A NEW YOU. IT IS ALL ABOUT A DECISION. YOU DECIDE HOW YOU WANT TO BE: TO REACT AND HANDLE OTHERS AND THEN YOU START TO BE AWARE OF YOURSELF, AND STOP YOURSELF IF YOU'RE ACTING THE WAY YOU WANT TO LIVE. THIS TECHNIQUE IS SWITCHING, YOU JUST HAVE TO REPLACE THE WRONG WORDS AND THOUGHTS. IT IS LIKE WRITING A NEW PRO-GRAM FOR YOURSELF. AFTER A WHILE IT BECOMES NAT-URAL TO ACT IN THE DESIRED WAY. PRACTICE MAKES US A BETTER PERSON. THESE ARE THE TIMES TO FINALLY UNDERTAKE OUR ACTUAL FATE DUTIES. MERCURY IN LEO

IS AFFECTING OUR COMMUNICATION AND THINKING IN A CREATING WAY. MANY THINGS GOT LIGHT FOR NOW, IT'S MORE OBVIOUS WHAT TO SAY AND DO. AS A LION, WE SHOULD HAVE THE POWER TO CONTROL OUR COMMUNI-CATION SKILLS, AND BE AS A KING WHO OTHERS ADMIRE, NOT FEAR. VENUS IN CANCER HELPS US MAKE THE FINAL STEPS FORWARD IN THE DIRECTION OF A HIGHER QUAL-ITY EMOTIONAL LIFE. BEHIND VENUS THE GEMINI CON-STELLATION IS STILL SHINING, WHICH BRINGS FEMININE TONES TO STARTING OVER, MORE INTUITIVE AND SOFTER. JUPITER SQUARE PLUTO IN LIBRA WAS EXACT YESTERDAY around 8.30 pm. That point is where the affection IS EXALTING AND IS THE STRONGEST. THIS IS THE SECOND ONE OF THREE SQUARES JUPITER IS MAKING TO PLUTO FROM LIBRA. THE FIRST IN NOVEMBER 2016, THE SEC-OND SQUARE OCCURRED WITH JUPITER RETROGRADE AND THE THIRD SQUARE IS NOW CLOSING THE CYCLE. THEY ARE WORKING TOGETHER ON URGING LIFE TRANS-FORMATION. WHEN ANY PLANET MAKES A SQUARE TO ANOTHER PLANET, IT BRINGS SITUATIONS WHICH SHOW THE "GROUND" FOR CHANGES RELATED TO THE FUTURE SQUARES CAN BRING FRICTION, BUT ALSO THE TURNING OF CORNERS AND/OR PUTTING THE BRAKES ON SOME-THING. THERE IS A MOON TRINE MERCURY INFLUENCE AS WELL, WHICH TOGETHER CAN BRING INNER POWER. WE GET THE POWER FOR REBIRTH AND THE TIME IS GOOD FOR SPIRITUAL CONVERSATIONS AS WELL. WORDS HEAL THROUGH DISSOLVING, THEY HELP US BY RELEASING. USE THE MAGIC OF TALKING TO EACH OTHER HERE IN THE VAL LEY, AND SMILE BACK AT THE STARS

BODY AND SOUL

A LONGER LASTING DAY AND DANCE - LEGS UP!

by -freya-

The whole body is a magnificent piece of wonder with each organ and body part to be worshipped and thanked for giving you this complex architectural wonder through which you experience this life. There are many many things to be grateful for and one of them are our feet and legs. They keep you dancing and dancing for hours and hours, and most likely you feel the consequences too. But there are tricks and techniques to make your days even easier and sweeter and ease the strain that is put on them. When we stand, our heart has the magnificent job to go against gravity and keep blood circulation going and making sure blood comes back up from our feet all the way to our head. Sometimes you get by a little better from the help of your

friends, and you can be that friend to your legs and to yourself by doing a 'legs up the wall' exercise. Yes, it's exactly that and not more. Lie down on the floor, put your legs up to the wall or a tree or the pillars to be found in the Dome.

What's happening/benefits:

-Reversing the effects of gravity on your legs and feet helps you move any stuck or stagnant fluids that may build up there if you have a low blood pressure, or spend a lot of time on your feet during the day (can you relate?)

-It helps drain tension from the legs and feet -it is calming for the

nervous system -Helps the digestive organs and relieves indigestion also

SUGGESTIONS:

• Place one hand on your stomach, other on your chest and breathe

Do it for between 5-10 min
If the tingling' feeling arises, don't worry about it, lower your legs back down

• When coming out of it, take some time still on the floor, so your legs readjust to the pressure.

• Might want to avoid it if you know you have high blood pressure

• I invite you to listen to your body and pay attention to what it communicates, no one can do that for you

In other words, you are rejuvenating and refreshing yourself, reloading energy naturally.

Let's get those legs up and dance dance dance.

LABYRINTH

LITTLE PRINCE AND THE ROSECREATURES



year. This year, the paths themselves, were created spirally, based on and reflecting the Tibetan symbol of gratitude, because: "To be grateful, is to find blessings in all that surrounds you. A truly thankful heart will bring light into your life and peace to your soul." Each year there is also a theme that is reflected in the props, messages you can come across in the maze, if you discover the right paths, and find your way out without quitting, and running mindlessly out any way you can through the corn. This year's Labyrinth theme was inspired by The Little Prince by Antoine de Saint-Exupéry, reflecting some of the most meaningful pieces of wisdom from the book. First of all, reminding you that the 'grown-up' world can many times be quite absurd. On asteroid B-327, the drunkard drinks to forget that

he's ashamed of drinking, and when you find the wooden throne, climb up on it and see the way out, or the Mirador tower above the treetops, and also think about the underlying meaning of how crazy it is ruling as a king when you have no subjects to rule over. Or whether anyone could rule or impose anything on us if we did not follow the ruler's commands or accept power control over ourselves. So, keep your inner child alive, that unspoiled and natural instinct within, and don't mindlessly follow examples forced upon you if they seem meaningless or downright bad. And be reminded: "When you've finished washing and dressing each morning, you must tend to your planet." Beware the Baobab too, for they start off as tiny weeds, like the seeds of negative thought and bad energy, but if you don't discard them when they are little, they can firmly take root and even cause 'a planet to split apart'. And be reminded: "You become

responsible forever for what you've tamed. You're responsible for your rose." But don't forget you must endure the presence of a few caterpillars if you wish to become acquainted with the butterflies. And that "what makes a desert beautiful, is that somewhere it hides a well..." Well. "The most beautiful things in the world cannot be seen or touched, they are felt with the heart." Hope that stays with you always. And if you have reached the end of the Labyrinth, filled with the Little Prince's wisdom, perhaps you'll read the book too, eventually, and learn some more, it's good food for thought. In the meantime, there, at the end, after you have discovered the infinity ring lying in your way, right about when the music stops on the main stage, you might even run into the Rosecreatures, they are a fun and playful bunch. Leave your name with them, so maybe they will draw your name out as the winner of a 2018 O.Z.O.R.A. ticket:)

As we already wrote, the Labyrinth this year inspired a theatrical program as well, making the cornfield maze a setting for a special kind of interactive sensory theater. However, the Labyrinth has longtime traditions and is always an extra adventure for Ozorians in itself, with new kinds of paths, hidden messages each

HIGHLIGHTS

SATURDAY BY OGI ZAFIROVSKI

Ognen Zafirovski, who you may know from Yudhisthira or Anthill with Kala, but this year you may have also caught his lecture The Vedic knowledge goes as deep as you can go, has shared some of his pointers for today, sliding into tomorrow, of course.

"What to say... I would definitely like to split into 4 persons so that I could listen to all the artists of the different stages. From the Main, I would like to hear the new X-DREAM stuff, they have been my big inspiration since the early days. Then BRAINCELL is not to be missed with his new tracks either. Be prepared! Followed by AJJA at 2am, it will be a story in itself. Then in the Dome, I would travel to other galaxies with the amazing deco (if you can call it 'deco' simply), and the music by three great people who I have the privilege to know: VLASTUR, GIUSEPPE and TENGRI, or PARVATI IN DUB."

LINDA'S SUB2SCI: I - CHING, THE BOOK OF CHANGES

Every religion and tradition arranges its thoughts around a central element: that there exists something, a force which created our world, and has still not left us, pulling the strands into the texture of reality one by one ever since. There is an ancient Chinese system, I Ching, that offers us the possibility to get into contact with these powers influencing our fates.

The book itself, in its present form over 3000 years old, was noted down by the son of King Ven, Prince Tsu, sometime around 1150 B.C. After the Quran and the Bible, it has become the third most translated book in the world. I Ching is the repository of knowledge of Taoism, which states that the world is in constant flux or change as a product of the interaction between the two forces, Yin and Yang. Through these ancient Chinese images, we can interact with them and receive unequivocal, clear answers to the questions we have. I Ching is the book of initiation into your fate. Even if it originates from supernatural sources

according to tradition, it was passed down

from generation to generation by people. Out there, outside the aura of the Festival, the walls of our modern world have cracked, and several personality types have emerged: too clever, too selfish, too unhappy, too untruthful, too rational, too godless too lonesome, too egoist characters abound. This book was written down, put into writing - it's as if they knew that the era will arrive when we need masters and teachers more than ever before. According to my personal experience, the book's answers are right every time. They can be overwhelmingly insulting at times, then are later proven to have been shockingly true. Our teacher here, first and foremost, is our own experience, and this book offers a hand in leading us with respect along our path. This way, it's similar to our Friends, Family and Beloved One: the life we have experienced with them and the answers we have received. Please, never forget to ask the question, and to keep the answer as a shining gem, a jewel: who is it that truly sees into your being, so that you can accept their answers without reservations?

art news LIVE PAINTING AT OZ

WAS PAINTING LIVE YESTERDAY FROM 16:00 AS TRISTAN BLASTED ON THE MIN STAGE. HOPE YOU CAUGHT THE EXPERIENCE! TODAY: JEFF ANGELO IS ON AT THE MAIN STAGE LIVE FROM 13:30 PM, FROM EAT STATIC TILL ATMOS... ROS PLAZMA WILL BE LIVE PAINTING IN THE DOME FROM 3:30PM,

RADIOZORA DAILY BROADCAST SCHEDULE DAY 6 - DAY 7 TRANCE C ANNEL ::: SATURDAY, 5TH LIVE FROM MAIN STAGE 19:50 SHIVA CHANDRA LIVE FROM PUMPU 20:30 JAMESMONRO 22:00 KATAMII LIVE FROM MAIN STAGE 23:30 MELTING POINT SUNDAY 6TH 1:00 BRAINCEL 2:00 AJJA 3:30 JANUX 5:00 FAGIN'S REJECT 6:30 JUSTIN CHAOS 8:00 DARK NEBULA 9:30 Koxbox 11:00 MAD TRIBE - LIVE CHECK IN AT 11.30 12:30 MAGI 14:00 TSUBI LIVE FROM PUMPU 18:00 LEO 20:00 DOMINIC THOMAS 22:00 DJ ZOO-B 0:00 TAKU MONDAY 7TH 1:30 WEGHA 3:30 AURAFOOD GARF.IELD

"It was a hot tropical evening on the island of Kho Pha Ngan, Thailand. I had been making love with a dear friend, an amazing woman and advanced Tantra Yoga practitioner. The night was dark outside the glass door. We had just decided to pause for a little, and while she went to the kitchen to get water, I sat on the bed and prepared myself for meditation. I was buzzing with energy which had raised from my genital area to the head. By the time she was back from the kitchen, I was completely immersed in a new, different state of

consciousness. For the first few seconds I just experienced enormous joy and amazement. I felt like a child who had been instantly transported to a dreamlike land where everything is magical, full of mystery, and glowing with invitation. As soon as my friend returned, however, I realized that talking would be a challenge. When she asked how I was, I found out that articulating a simple phrase like "Yes, I'm okay! But I think I cannot really speak right now" was an entertaining task that had to be planned, so to speak, from the bottom up.

FIRST EXPERIMENTS

How complex and beautiful, suddenly, was everything! Everywhere I turned my eyes, astonishing things were there to be seen. Transparent and opaque materials, dense and subtle objects, rays and waves of energy, all of them subject to visible and invisible forces. Everything around me seemed to be almost screaming in an invitation for me to experiment with it and understand it. For example, I realized that behind a transparent frame just in front of me (that was the glass door of the living room) there was a vast, black space dotted with shining points begging to be explored. It appeared that I had to somehow remove or penetrate this transparent object if I wanted to reach the vastness behind it. But when I started considering the glass door and its frame, they appeared so interesting and new that I forgot about the black night sky and the stars dotting it. Everywhere I looked, in the distance or very near, everything showed the same level of complexity, just like a fractal. There was no way of finding any object more interesting than another everything looked equally pristine, and full of secrets. Funnily enough, the only "object" that I was unable to focus my attention on was my friend. Somehow. I did not feel ready to interact with another human: that would have been too complex. I managed to coordinate my speech and movement to briefly thank my lover, hug her, and tell her that I needed to be alone because

EXPAND CONSCIOUSNESS

A CHAMBO LECTURER THIS YEAR WAS RAFFAELLO MANACORDA WITH RADICAL TANTRA AND SEXUAL SHAMANISM. IF YOU MISSED IT, HERE'S HIS ACCOUNT OF USING SEXUAL ENERGY TO REACH HIGHER STATES OF CONSCIOUSNESS...

ESSAY

guest author: Raffaello Manacord

the experience was too intense. She immediately understood what was going on, kissed me goodbye and wished me good luck, not without asking me to be careful - I probably did not look in the best conditions to drive a scooter! Just before climbing down the short staircase that led from the house to the street, I stopped to consider which one of my feet I should move first. I knew with the utmost certainty that, had I considered this conundrum for long enough, I would have gotten to a true understanding of what "left" and "right" really mean from a metaphysical perspective. But I couldn't simply stay there on the staircase - I had to go, so I gingerly dropped this philosophical line and rode back home.

MY HOUSE BECOMES A LABORATORY

The ride home was much less dangerous than it might sound. I found myself perfectly able to drive and follow the road, avoid the obstacles, and so on. The only difference was that I was driving very, very slowly. This was because I was almost forced to consider every action that I was doing, every object that entered my field of consciousness, every sensation that hit my perception, with great attention. No automatism was possible, so driving ended up being an extremely complex task, for which, however, I felt absolutely prepared. At home, I found a good friend of mine who was staying with me for a few days. She immediately understood that I was in an altered but completely harmless state of consciousness, and she supported me by simply non-interfering while making clear that she would be there to help me if I needed so. At this point, I was eager to start using my peculiar state of consciousness to do some more experiments. I was inspired to interact with and observe the physical reality that surrounded me. There was no need to decide where to start from: absolutely every phenomenon around me was like a doorway into a deeper understanding of the Universe.

forth, according to some mysterious laws that I could fathom but not fully understand. There was no essential difference between the three poles of this triangle, my three images. The distinction between my "real" body and the reflections in the glass pane was not of any essential nature. I had accessed a deeper perception of reality.

SEEING THE VIBRATIONS

Shortly after, I was lying in the hammock that lay across my balcony. I closed my eyes, and focused on the sounds coming to me from the tropical night, each of them with a specific timbre and pitch. I did not feel that I was "hearing" the sounds, but rather "seeing" them, although not with my physical eyes. My "mental eye" was perceiving sounds under the form of vibrations of various frequencies. After a few minutes, I did open my eyes: to my amazement, I discovered that the images I saw were also vibrations, of a different range of frequency, "seen" by the same mental eye that perceived "sounds". I could distinctly tell how certain parts of my visual fields were vibrating faster than others, according to what I would once have called "colors" - but those were, I now discovered, simply different frequencies of vibration. It took me some time of experimentation, opening and closing my eyes, to realize that there was no real difference between sounds, colors, and even tactile sensations such as the texture of the hammock against my back. There was just an ocean of vibrations, of an enormous variety and complexity, precipitating towards a central point: my mind, or, better said "a" mind, since by now I had lost all feelings of personal identity. This center of consciousness was constantly receiving vibrations of all kinds, and then cataloguing them according to their frequency ranges. Only then, after having been processed by that center, could those vibrations be called "sounds", or "colors", or "smells". During their journey towards the mind, all those signals were just parts of a massive, infinitely complex "vibrational soup".

attention towards the center, created another stream of vibrations that precipitated themselves towards it. To put it another way, in order to look at that central point I had to create distance from it, which created an infinite regression. It felt as if that central point of consciousness started receding backwards as soon as I tried to look at it. Even so, I seemed to be able to perceive that that point was of a blazing white color. Perhaps, my cortex was trying to translate into color the infinite vibrational speed of that point of consciousness. I decided to do one more experiment: if that point of consciousness was the center towards which all vibrations converged, then it must be completely immobile, I thought. So, I asked my friend to move the hammock I was lying in, I closed my eyes, and noticed what happened to the central point as the movement increased and decreased. And, sure enough, nothing happened. The central spot of consciousness remained completely unperturbed, immobile, like a white black hole in the middle of a galaxy. But, as my body, stretched on the hammock, moved in different directions and at different speed, what changed was the pattern of vibrations precipitating towards the center. I realized that movement, and by extension anything happening on the manifested level or reality, was not actually affecting the central point of consciousness in the least. The effects of movement were only on the vibrations, which changed according to specific patterns, and then followed their destiny towards an immobile, pure, impossibly white singularity.

7:00 TERRA 8:30 FRASER 10:00 SILENT STORM 11:30 SPIRIT OF SUN 13:00 DUALCRON 15:00 DJ Јоѕко SATURDAY, 5TH LIVE FROM DRAGON NEST IVE CHECK IN AT 19:30 20:00 LAZÚZ BY LAROZ & TULA 22:00 ÓPERENTZIA FEAT. CSÁNGÁLLÓ SUNDAY 6TH 0:30 ANNA RF LIVE FROM DOME 2:00 PARVATI IN DUB FEATURING: VLASTUR, GIUSEPPE, TENGRI 4:30 KAPITANO 7:30 CLAIRVO 10:30 HOWLA - LIVE CHECK IN AT 11:30 -13:30 ALIJI 17:00 ISU LIVE FROM DRAGON NEST 20:00 FARAFIV

A NETWORK OF REFLECTIONS

I wandered into the kitchen. There, I stopped looking at my own image, reflected in the window panes in front of me. There were two windows in my kitchen, and both were half open, so that the image of my upper body was reflected twice, at slightly different angles. But I realized that, in fact, there were not two, but three images in that room, and the third one was what I once considered to be my physical body. My "body" and its two "images" constituted a triangle, a network of light rays being reflected back and

IMMOBILITY IN MOVEMENT

After pondering on the "vibrational soup" for a while, I realized that the movement of the vibrations towards the mind was centripetal, like the flow of water running down a sink. Intrigued, I tried to direct my attention to the central point towards which all vibrations seemed to precipitate. To my surprise, I discovered that I couldn't "look" directly at that central point! The mere act of turning the

At this point, I suddenly felt that it was time to put an end to this experience. I wasn't tired all, but I had the feeling that I had taken all I could withstand at that time. I consciously decided to "come down" to the level of understanding that works for daily life: I looked at the clock, and realized that more than two hours had passed since I had entered that altered state of consciousness. I thanked my friend, who had been so supportive and patient, and, in my heart, I thanked the woman that had made all this possible, allowing me to use the erotic energy we had created together to propel my consciousness to heights I had never reached before. This experienced showed me with absolute certainty that sexual energy can be used to alter consciousness. Perhaps, this account can also stimulate you to make experiments you're your erotic energy, and travel to new depths and heights of this incredible Universe."